



A LONG ESTABLISHED FAMILY FIRM

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Registered in England No. 1182390 VAT Reg No. 180 9855 28

THE WORLD'S FINEST RANGE COOKERS

Carrot, Swede and Sweet Potato Purée by David Pengelly

Method

Dice a mixture of the vegetables.

Place into an AGA pan, cover with water and bring to the boil.

Simmer for 2 minutes then drain off the water and place the covered pan into the **AGA** simmering oven or **Everhot** lower oven (set at 110°C - 120°C) for 60-90 minutes until tender.

Drain, season, add a knob or two of butter and mash to a purée.