



A LONG ESTABLISHED FAMILY FIRM

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THE WORLD'S FINEST RANGE COOKERS

Stir-Fry Sprouts with Chestnuts by David Pengelly

Method

Par-boil the sprouts (approximately 500g / 1 lb.) until tender.

Heat a large stir fry pan on the boiling plate, add 115g (4 oz.) bacon lardons and cook until crisp.

Add the sprouts and approximately 115g (4 oz.) chestnuts and stir fry adding 55g (2 oz.) butter to glaze near the end of cooking.