



A LONG ESTABLISHED FAMILY FIRM

Close House Farm Otley Road Skipton BD23 6DR
Telephone: 01756 792491 or 794484 Fax: 01756 791696

E-mail: worldsfinest@tncook.co.uk Internet: www.tncook.co.uk

Registered in England No. 1182390 VAT Reg No. 180 9855 28

THE WORLD'S FINEST RANGE COOKERS

Red Cabbage with Apple and Onions by David Pengelly

Ingredients

450g (1 lb.) Shredded red cabbage
2 Red onions, diced
2 Dessert apples, diced
2 Tbsp. Demerara sugar
150ml Apple juice
Seasoning

Method

- Place the apples and onions in a pan with a little olive oil and cook for a few minutes, stir in the cabbage, add the apple juice, sugar and season well.
- Cover and place in the **AGA** simmering oven or **Everhot** lower oven set to 110°C-120°C for approximately 2 hours until tender.